



COLLEGE OF NURSES
OF ONTARIO

ORDRE DES INFIRMIÈRES
ET INFIRMIERS DE L'ONTARIO

THE STANDARD OF CARE.

Guiding Decisions About End-of-Life Care Practice Guideline

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Objectives

1. To increase awareness of the College of Nurses Practice Guideline “Guiding Decisions About End-of-Life Care”
2. To increase understanding of the role of the College of Nurses and CNO Practice Documents
3. To increase awareness of the online resources available on the College of Nurses website (www.cno.org)

The College of Nurses of Ontario (CNO)

- Vision: Excellence in nursing practice everywhere in Ontario
- Mission: To protect the public's right to quality nursing services by providing leadership to the nursing profession in self-regulation

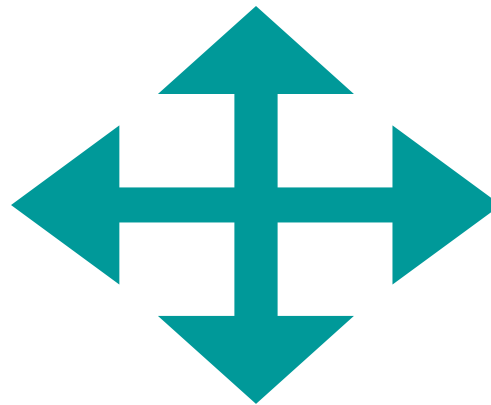
Nursing Scope of Practice

“...the promotion of health and the assessment of the provision of care for and the treatment of health conditions by supportive, preventive, therapeutic, palliative and rehabilitative means in order to attain or maintain optimal function...”

CNO Protects the Public By:

Establishing requirements for
ENTRY TO PRACTICE

Articulating &
Promoting
STANDARDS



Administering a
**QUALITY
ASSURANCE
Program**

ENFORCEMENT
of Standards of Practice &
Conduct

Retirement of the Resuscitation, 1999 Practice Standard

- Drivers for change:
 - Need to update document to be relevant to current practice
 - Focus away from a single procedure
 - Focus on guiding nurses
 - Need for broad applicability

Guiding Decisions about End-of-Life Care, 2009 Practice Guideline

- Changes were made to:
 - promote broad applicability
 - Focus on guiding nurses when assisting clients with End-of-Life Care
 - Change to practice guideline

Content of the Practice Guideline

- Glossary of terms
- Two core themes:
 - Communication
 - Implementation
- Supporting Nursing Practice
- Legislation
- Suggested Readings

Glossary of Terms

- Aims to assist nurses to understand what is meant by terms used in the practice guideline
- Provides a common context

Glossary of Terms

- End-of-Life Care
- Wishes
- Treatment
- Plan of Treatment

Communication

Nurses communicate with clients and members of the interprofessional team to guide informed discussion about the goals of care and treatment.

- Professional judgment and assessment
- Involve the client, family and health care team
- Documentation

Professional Judgement and Assessment

- Determine the involvement of the team
- Assess whether the client has sufficient information
- Discuss, identify and review the client's wishes

Involve the Client, Family and Team

- Use appropriate communication techniques
- Discuss with the client and the family
- Identify wishes as soon as possible
- Explain the client's wishes to health care team
- Document

Implementation

Nurses advocate for the client and help implement the client's treatment and end-of-life care wishes.

- Initiating treatment or not initiating treatment
- Pronouncing death
- Advocating for practice setting policies and procedures

Initiating Treatment

- The client's wish for treatment is known through a plan of treatment and informed consent
- The client's wish is not known, but a substitute decision-maker has provided informed consent for treatment
- Emergency situation and no information about the client's wish

Not Initiating Treatment

- The client has not given informed consent
- Substitute decision-maker for an incapable client does not want the client to receive the treatment
- The attending physician has informed the client that the treatment will be of no benefit and is not part of the plan of treatment
- Obvious signs of death

No CPR, Other Treatment Options

A decision not to provide CPR does not preclude the use of other forms of treatment and care. A client who will not receive CPR remains eligible for all other appropriate treatments intended to increase comfort and quality of life, such as clearing a blocked airway and palliative care services.

Pronouncing Death

When clients are expected to die and their plans of care do not include resuscitation, nurses have the knowledge, skill and judgment to determine that death has occurred and the ability to pronounce death.

Supporting Nursing Practice

- Facilitate nursing staff involvement in evaluating policies and procedures
- End-of-life care issues included in staff orientation
- Initiate continual quality improvement activities
- Advocate for ways to implement evidence-informed practices

Supporting Nursing Practice

CNA Best Practices: CPR

http://www.cna-nurses.ca/CNA/practice/standards/cpr/default_e.aspx

ICN Position Statement: Nurses' role in providing care to dying patients and their families

http://www.icn.ch/PS_A12_NursesroleDyingPatients.pdf

RNAO Best Practice Guideline: Bereavement Care

- development in progress

Legislation

- Health Care Consent Act, 1996
- Substitute Decisions Act, 1992

CNO Documents

- Consent Practice Guideline
- Culturally Sensitive Care
- Conflict Prevention and Management
- Disagreeing With the Plan of Care
- Ethics
- Nurse Practitioners

Summary

- Guiding Decisions about End-of-Life Care
- Help for nurses to assist clients in making choices and articulating their wishes about treatment and end-of-life care
- Understanding nurses responsibilities and legal obligations

Resources

Phone:

- Practice Support Line
Toll free in Ontario 1-800-387-5526 or 416-928-0900

Outreach Consultants:

- see CNO website for more information

Website: www.cno.org

E-mail: ppd@cnomail.org

Publications & Resources:

- Practice Standards & Guidelines, E-learning Modules, *The Standard* (magazine), *Quality Practice* (e-newsletter), and Teleconferences

Teleconference Feedback Form

Thank you for participating in the “*Practice Guideline - Guiding Decisions About End of Life Care*” teleconference. Please take a few minutes to complete this survey. Your feedback is appreciated and will help us improve our process!

You can also complete this form online at http://www.cno.org/prac/learn/teleconferences/resuscitation/endoflife_20100304.htm

Which teleconference did you attend? Thursday, March 4, 2010 Monday, March 15, 2010

1. Usefulness of teleconference to your nursing practice: Very Useful Useful Not very Useful Not at all Useful

Please explain your answer:

2. Overall satisfaction with speakers: Very Satisfied Satisfied Dissatisfied Very Dissatisfied

Please explain your answer:

3. Satisfaction with speakers’:	Very Satisfied	Satisfied	Dissatisfied	Very Dissatisfied	Please explain your answer
a) clarity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
b) understanding of the topic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
c) responses to questions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

4. As a result of this teleconference, do you have a better understanding of:

	Yes	No	Unsure	Please explain your answer
a) the College’s process on revision of practice documents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
b) the Guiding Decisions about End-of-Life Care practice guideline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
c) the difference between a practice standard and practice guideline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
d) how practice documents are broadly applicable to all nurses in all practice settings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

5. Other comments: _____

6. Your nursing category:

- RN
- RPN
- NP
- Non-nursing (specify): _____

7. Your health care sector:

- Academia
- Acute Care
- Community & Public Health
- LTC & Rehabilitation
- Mental Health & Corrections
- Paediatrics
- Palliative
- Other: _____

8. Your role in your organization:

- Staff Nurse
- Nurse Practitioner
- Manager
- Administration
- Clinical Educator
- Clinical Nurse Specialist
- Other: _____

Thank you for your feedback.

Please fax the completed form to **416 928-9643** (attn: *Del Hersey*) by March 19, 2010