

# The New *Nurse Practitioner* Standard and Controlled Substances Authority

Questions You've Asked  
March 27<sup>th</sup> and 29<sup>th</sup>, 2017

# Outline of Presentation

- Overview of legal changes
- Education requirement
- New *Nurse Practitioner* practice standard
  - How was it developed?
  - What's different?
  - What are the new controlled substances accountabilities?
- College resources to support NP practice
- Questions and answers: application to practice

# Legislative Framework

- *Controlled Drugs and Substances Act*
  - Prohibitions on prescribing some drugs
  - Reporting requirements
  - Retention requirements

# Legislative Framework

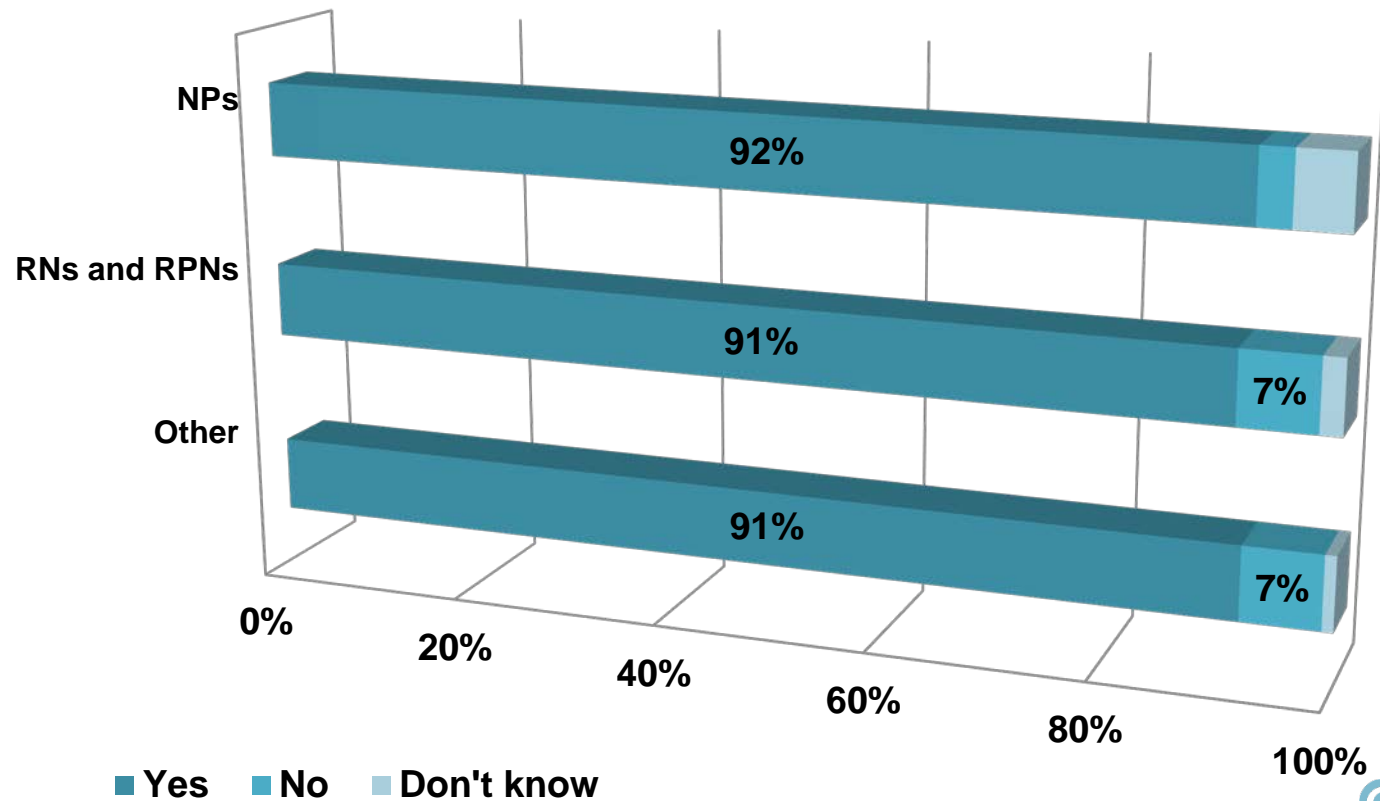
- *Nursing Act, 1991*
  - Council approved changes to enable NPs to prescribe controlled substances should the NP complete approved education
  - Awaiting government approval

# Timeline

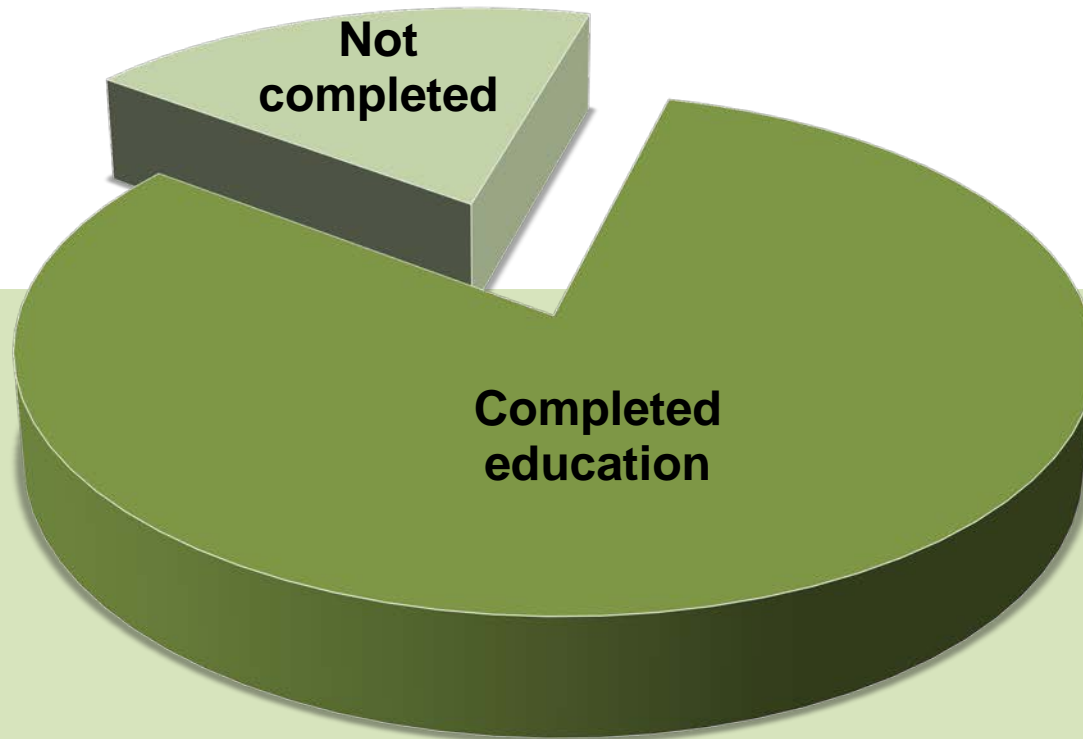
- Anticipate change in the very near future
- NPs and key stakeholders will get email
- cno.org will be updated

# Do you

## support the education requirement?



# Majority of NPs Completing Education



# ***New Nurse Practitioner Standard***





# Background: Reasons for Revision

- Align with entry-level competencies
- Focus on risks
- Reflect controlled substance prescriptive authority

# Approach to Revision

- Follow College's standard development process
  - <http://www.cno.org/en/learn-about-standards-guidelines/standards-and-guidelines/developing-standards/>
- Use multiple sources of evidence
- Consult widely to validate standards
- Remove duplication

# Consultation and Collaboration

- Clients of NPs
- NP advisory group
- Members and stakeholders

# Consultation with Clients of NPs: What does the public expect from NPs?

- 116 participants completed a survey
- 10 participated in a telephone interview
- Expect competent, client-centered care

## Members and Stakeholders

- Over 90% NPs could apply the standards in their practice, and understood the legal requirements and restrictions
- Over 90% RNs, RPNs and employers could understand what to expect from NPs
- All stakeholders were supportive

# ***New Nurse Practitioner Standard***

- Integrates standards and legal requirements
- Focuses on areas of risks
- Includes expectations related to controlled substances
- Consistent with new entry-level competencies

# Risks Related to NP Practice

- Assessment and diagnosis
- Ordering and following-up on tests
- Prescribing medication and treatment
  - Controlled substances
- Inter-professional practice
- Conflict of interest
- Discontinuing care

# Resources

- *New Nurse Practitioner* Standard
- Questions and answers
- Links to external resources
- Location of resources:
  - <http://www.cno.org/en/trending-topics/nps-and-prescribing-controlled-substances/>
  - [www.cno.org/np](http://www.cno.org/np)



# Questions You've Asked



# Question 1

- Does the prohibition on prescribing opium mean I can't prescribe opioids?

## Question 2

- What information do I need to include when prescribing cannabis?

# Question 3

- Can I prescribe buprenorphine and naloxone (suboxone)?

# Question 4

- How can I tell if a medication includes a substance I can't prescribe?

# Question 5

- What happened to ECGs on the list of diagnostic tests?

# Question 6

- What are my accountabilities when performing procedures such as setting and casting fractures?

# Question 7

- What is the impact of the changes on medical assistance in dying?





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