

# St. Francis Xavier University: Continuing and Distance Education – Nursing (Internationally Educated Nurses)

[St. Francis Xavier University Continuing and Distance Education – Nursing \(Internationally Educated Nurses\)](#) offers applicants the option to complete the following courses to address learning needs required to meet CNO's education requirement:

<a href="#">NURS 115</a>	Health Teaching and Learning
<a href="#">NURS 135</a>	Contemporary Issues in Learning
<a href="#">NURS 205</a>	Community Health Nursing
<a href="#">NURS 245</a>	Aging and the Older Adult
<a href="#">NURS 330</a>	Legal and Ethical Issues in Nursing
<a href="#">NURS 405</a>	Nursing of Adults I
<a href="#">NURS 415</a>	Nursing of Adults II
<a href="#">NURS 425</a>	Comprehensive Health Assessment
<a href="#">NURS 494</a>	Leadership in Management in Nursing
<a href="#">NURS 201</a>	Community Mental Health I
<a href="#">NURS 202</a>	Community Mental Health II

The tables below list the entry-level competencies met by completing each course. To enroll, applicants must meet the [admission requirements](#) and confirm with the school program coordinator that the courses selected fulfill the applicant's competency gaps. It is up to the school to determine if the applicant is accepted into the program.

Please refer to CNO's [website](#) for more information on the process to complete additional education.

## Course: NURS 115 Health Teaching & Learning

### Clinician

1.1	Provides safe, ethical, competent, compassionate, client-centred and evidence-informed nursing care across the lifespan in response to client needs.
1.4	Analyses and interprets data obtained in client assessment to inform ongoing decision-making about client health status.
1.15	Incorporates knowledge about ethical, legal, and regulatory implications of medical assistance in dying (MAiD) when providing nursing care.
1.17	Incorporates knowledge of epidemiological principles into plans of care.
1.23	Uses knowledge of the impact of evidence-informed registered nursing practice on client health outcomes.
1.25	Uses strategies to promote wellness, to prevent illness, and to minimize disease and injury in clients,

	self, and others.
1.26	Adapts practice in response to the spiritual beliefs and cultural practices of clients.

### Professional

2.5	Identifies the influence of personal values, beliefs, and positional power on clients and the health care team and acts to reduce bias and influences.
2.7	Identifies and addresses ethical (moral) issues using ethical reasoning, seeking support when necessary.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"> <li>a) assessing own practice and individual competence to identify learning needs.</li> <li>b) developing a learning plan using a variety of sources.</li> <li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li> <li>d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li> </ul>

### Communicator

3.5	Incorporates the process of relational practice to adapt communication skills.
-----	--

### Leader

6.6	Demonstrates self-awareness through reflective practice and solicitation of feedback.
6.7	Takes action to support culturally safe practice environments.
6.10	Demonstrates knowledge of the health care system and its impact on client care and professional practice.

### Advocate

7.6	Advocates for safe, competent, compassionate and ethical care for clients.
7.8	Supports healthy public policy and principles of social justice.
7.11	Uses knowledge of population health, determinants of health, primary health care, and health promotion to achieve health equity.
7.14	Uses knowledge of health disparities and inequities to optimize health outcomes for all clients.

**Educator**

8.1	Develops an education plan with the client and team to address learning needs.
8.2	Applies strategies to optimize client health literacy.
8.3	Selects, develops, and uses relevant teaching and learning theories and strategies to address diverse clients and contexts, including lifespan, family, and cultural considerations.
8.4	Evaluates effectiveness of health teaching and revises education plan if necessary.

**Scholar**

9.1	Uses best evidence to make informed decisions.
9.3	Engages in self-reflection to interact from a place of cultural humility and create culturally safe environments where clients perceive respect for their unique health care practices, preferences, and decisions.
9.6	Uses knowledge about current and emerging community and global health care issues and trends to optimize client health outcomes.
9.8	Engages in practices that contribute to lifelong learning.

## Course: NURS 135 Contemporary Issues in Nursing

### Clinician

1.15	Incorporates knowledge about ethical, legal, and regulatory implications of medical assistance in dying (MAiD) when providing nursing care.
------	---

### Professional

2.2	Demonstrates a professional presence, and confidence, honesty, integrity, and respect in all interactions.
-----	--

2.6	Establishes and maintains professional boundaries with clients and the health care team.
-----	--

2.7	Identifies and addresses ethical (moral) issues using ethical reasoning, seeking support when necessary.
-----	--

2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: a) assessing own practice and individual competence to identify learning needs. b) developing a learning plan using a variety of sources. c) seeking and using new knowledge that may enhance, support, or influence competence in practice. d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.
-----	---

2.10	Demonstrates fitness to practice.
------	-----------------------------------

2.12	Distinguishes between the mandates of regulatory bodies, professional associations, and unions.
------	---

### Leader

6.1	Acquires knowledge of the Calls to Action of the Truth and Reconciliation Commission of Canada.
-----	---

6.10	Demonstrates knowledge of the health care system and its impact on client care and professional practice.
------	---

### Advocate

7.2	Resolves questions about unclear orders, decisions, actions, or treatment.
-----	--

7.7	Supports and empowers clients in making informed decisions about their health care, and respects their decisions.
-----	---

7.8	Supports healthy public policy and principles of social justice.
-----	--

7.11	Uses knowledge of population health, determinants of health, primary health care, and health promotion to achieve health equity.
------	--

### Scholar

9.1	Uses best evidence to make informed decisions.
9.5	Identifies and analyzes emerging evidence and technologies that may change, enhance, or support health care.
9.6	Uses knowledge about current and emerging community and global health care issues and trends to optimize client health outcomes.
9.7	Supports research activities and develops own research skills.
9.8	Engages in practices that contribute to lifelong learning.

## Course: NURS 205 Community Health Nursing

### Clinician

1.1	Provides safe, ethical, competent, compassionate, client-centred and evidence-informed nursing care across the lifespan in response to client needs.
1.4	Analyses and interprets data obtained in client assessment to inform ongoing decision-making about client health status.
1.5	Develops plans of care using critical inquiry to support professional judgment and reasoned decision-making.
1.17	Incorporates knowledge of epidemiological principles into plans of care.
1.23	Uses knowledge of the impact of evidence-informed registered nursing practice on client health outcomes.
1.25	Uses strategies to promote wellness, to prevent illness, and to minimize disease and injury in clients, self, and others.
1.26	Adapts practice in response to the spiritual beliefs and cultural practices of clients.

### Professional

2.7	Identifies and addresses ethical (moral) issues using ethical reasoning, seeking support when necessary.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"><li>a) assessing own practice and individual competence to identify learning needs.</li><li>b) developing a learning plan using a variety of sources.</li><li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li><li>d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li></ul>

### Communicator

3.5	Incorporates the process of relational practice to adapt communication skills.
-----	--

### Coordinator

5.6	Supports clients to navigate health care systems and other service sectors to optimize health and well-being.
5.9	Participates in emergency preparedness and disaster management

### Leader

6.1	Acquires knowledge of the Calls to Action of the Truth and Reconciliation Commission of Canada.
6.3	Participates in innovative client-centred care models.
6.6	Demonstrates self-awareness through reflective practice and solicitation of feedback.
6.7	Takes action to support culturally safe practice environments.
6.10	Demonstrates knowledge of the health care system and its impact on client care and professional practice.

### Advocate

7.4	Advocates for health equity for all, particularly for vulnerable and/or diverse clients and populations.
7.8	Supports healthy public policy and principles of social justice.
7.11	Uses knowledge of population health, determinants of health, primary health care, and health promotion to achieve health equity.
7.14	Uses knowledge of health disparities and inequities to optimize health outcomes for all clients.

### Scholar

9.1	Uses best evidence to make informed decisions.
9.6	Uses knowledge about current and emerging community and global health care issues and trends to optimize client health outcomes.

Course: NURS 245 Aging and the Older Adult

**Clinician**

1.5	Develops plans of care using critical inquiry to support professional judgment and reasoned decision-making.
1.7	Anticipates actual and potential health risks and possible unintended outcomes.
1.8	Recognizes and responds immediately when client safety is affected.
1.9	Recognizes and responds immediately when client's condition is deteriorating.
1.19	Incorporates mental health promotion when providing nursing care.
1.22	Incorporates knowledge from nursing science, social sciences, humanities, and health-related research into plans of care.
1.23	Uses knowledge of the impact of evidence-informed registered nursing practice on client health outcomes.
1.24	Uses effective strategies to prevent, de-escalate, and manage disruptive, aggressive, or violent behaviour.
1.25	Uses strategies to promote wellness, to prevent illness, and to minimize disease and injury in clients, self, and others.
1.26	Adapts practice in response to the spiritual beliefs and cultural practices of clients.

**Professional**

2.2	Demonstrates a professional presence, and confidence, honesty, integrity, and respect in all interactions.
2.5	Identifies the influence of personal values, beliefs, and positional power on clients and the health care team and acts to reduce bias and influences.
2.7	Identifies and addresses ethical (moral) issues using ethical reasoning, seeking support when necessary.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"><li>a) assessing own practice and individual competence to identify learning needs.</li><li>b) developing a learning plan using a variety of sources.</li><li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li><li>a) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li></ul>
2.11	Adheres to the duty to report.



## Communicator

3.2	Engages in active listening to understand and respond to the client's experience, preferences, and health goals.
3.5	Incorporates the process of relational practice to adapt communication skills.

## Leader

6.3	Participates in innovative client-centred care models.
6.6	Demonstrates self-awareness through reflective practice and solicitation of feedback.

## Advocate

7.1	Recognizes and takes action in situations where client safety is actually or potentially compromised.
7.6	Advocates for safe, competent, compassionate and ethical care for clients.
7.7	Supports and empowers clients in making informed decisions about their health care, and respects their decisions.
7.9	Assesses that clients have an understanding and ability to be an active participant in their own care, and facilitates appropriate strategies for clients who are unable to be fully involved.
7.11	Uses knowledge of population health, determinants of health, primary health care, and health promotion to achieve health equity.
7.12	Assesses client's understanding of informed consent, and implements actions when client is unable to provide informed consent.

## Scholar

9.1	Uses best evidence to make informed decisions.
9.3	Engages in self-reflection to interact from a place of cultural humility and create culturally safe environments where clients perceive respect for their unique health care practices, preferences, and decisions.

## Course: NURS 330 Legal and Ethical Issues in Nursing

### Clinician

1.15	Incorporates knowledge about ethical, legal, and regulatory implications of medical assistance in dying (MAiD) when providing nursing care.
1.26	Adapts practice in response to the spiritual beliefs and cultural practices of clients.

### Professional

2.1	Demonstrates accountability, accepts responsibility, and seeks assistance as necessary for decisions and actions within the legislated scope of practice.
2.2	Demonstrates a professional presence, and confidence, honesty, integrity, and respect in all interactions.
2.4	Maintains client privacy, confidentiality, and security by complying with legislation, practice standards, ethics, and organizational policies.
2.5	Identifies the influence of personal values, beliefs, and positional power on clients and the health care team and acts to reduce bias and influences.
2.6	Establishes and maintains professional boundaries with clients and the health care team.
2.7	Identifies and addresses ethical (moral) issues using ethical reasoning, seeking support when necessary.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: a) assessing own practice and individual competence to identify learning needs. b) developing a learning plan using a variety of sources. c) seeking and using new knowledge that may enhance, support, or influence competence in practice.  implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.
2.11	Adheres to the duty to report.

### Leader

6.6	Demonstrates self-awareness through reflective practice and solicitation of feedback.
6.7	Takes action to support culturally safe practice environments.

## Advocate

7.1	Recognizes and takes action in situations where client safety is actually or potentially compromised.
7.6	Advocates for safe, competent, compassionate and ethical care for clients.
7.7	Supports and empowers clients in making informed decisions about their health care, and respects their decisions.
7.10	Advocates for client's rights and ensures informed consent, guided by legislation, practice standards, and ethics.
7.12	Assesses client's understanding of informed consent, and implements actions when client is unable to provide informed consent.
7.13	Demonstrates knowledge of a substitute decision maker's role in providing informed consent and decision-making for client care.

**Course: NURS 405 Nursing of Adults I**

**Clinician**

1.5	Develops plans of care using critical inquiry to support professional judgment and reasoned decision-making.
1.6	Evaluates effectiveness of plan of care and modifies accordingly.
1.7	Anticipates actual and potential health risks and possible unintended outcomes.
1.12	Implements evidence-informed practices of pain prevention, manages client's pain, and provides comfort through pharmacological and non-pharmacological interventions.
1.13	Implements therapeutic nursing interventions that contribute to the care and needs of the client.
1.14	Provides nursing care to meet palliative and end-of-life care needs.
1.15	Incorporates knowledge about ethical, legal, and regulatory implications of medical assistance in dying (MAiD) when providing nursing care.
1.21	Incorporates knowledge from the health sciences, including anatomy, physiology, pathophysiology, psychopathology, pharmacology, microbiology, epidemiology genetics, immunology, and nutrition.
1.22	Incorporates knowledge from nursing science, social sciences, humanities, and health-related research into plans of care.
1.23	Uses knowledge of the impact of evidence-informed registered nursing practice on client health outcomes.
1.26	Adapts practice in response to the spiritual beliefs and cultural practices of clients.

**Professional**

2.5	Identifies the influence of personal values, beliefs, and positional power on clients and the health care team and acts to reduce bias and influences.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"><li>a) assessing own practice and individual competence to identify learning needs.</li><li>b) developing a learning plan using a variety of sources.</li><li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li><li>d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li></ul>
2.11	Adheres to the duty to report.

### Collaborator

4.1	Demonstrates collaborative professional relationships.
-----	--

### Coordinator

5.4	Demonstrates knowledge of the delegation process.
-----	---

5.6	Supports clients to navigate health care systems and other service sectors to optimize health and well-being.
-----	---

### Leader

6.3	Participates in innovative client-centred care models.
-----	--

6.6	Demonstrates self-awareness through reflective practice and solicitation of feedback.
-----	---

6.7	Takes action to support culturally safe practice environments.
-----	--

### Advocate

7.1	Recognizes and takes action in situations where client safety is actually or potentially compromised.
-----	---

7.12	Assesses client's understanding of informed consent, and implements actions when client is unable to provide informed consent.
------	--

### Scholar

9.1	Uses best evidence to make informed decisions.
-----	--

9.3	Engages in self-reflection to interact from a place of cultural humility and create culturally safe environments where clients perceive respect for their unique health care practices, preferences, and decisions.
-----	---

## Course: NURS 415 Nursing of Adults II

### Clinician

1.5	Develops plans of care using critical inquiry to support professional judgment and reasoned decision-making.
1.6	Evaluates effectiveness of plan of care and modifies accordingly.
1.7	Anticipates actual and potential health risks and possible unintended outcomes.
1.13	Implements therapeutic nursing interventions that contribute to the care and needs of the client.
1.21	Incorporates knowledge from the health sciences, including anatomy, physiology, pathophysiology, psychopathology, pharmacology, microbiology, epidemiology genetics, immunology, and nutrition.
1.22	Incorporates knowledge from nursing science, social sciences, humanities, and health-related research into plans of care.
1.23	Uses knowledge of the impact of evidence-informed registered nursing practice on client health outcomes.

### Professional

2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"><li>a) assessing own practice and individual competence to identify learning needs.</li><li>b) developing a learning plan using a variety of sources.</li><li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li><li>d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li></ul>
-----	---

### Leader

6.3	Participates in innovative client-centred care models.
6.6	Demonstrates self-awareness through reflective practice and solicitation of feedback.
6.11	Adapts practice to meet client care needs within a continually changing health care system.

## Advocate

7.9

Assesses that clients have an understanding and ability to be an active participant in their own care, and facilitates appropriate strategies for clients who are unable to be fully involved.

## Scholar

9.1

Uses best evidence to make informed decisions.

## Course: NURS 425 Comprehensive Health Assessment

### Clinician

1.2	Conducts a holistic nursing assessment to collect comprehensive information on client health status.
1.4	Analyses and interprets data obtained in client assessment to inform ongoing decision-making about client health status.
1.26	Adapts practice in response to the spiritual beliefs and cultural practices of clients.
1.27	Implements evidence-informed practices for infection prevention and control.

### Professional

2.2	Demonstrates a professional presence, and confidence, honesty, integrity, and respect in all interactions.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"><li>a) assessing own practice and individual competence to identify learning needs.</li><li>b) developing a learning plan using a variety of sources.</li><li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li><li>d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li></ul>

### Communicator

3.1	Introduces self to clients and health care team members by first and last name, and professional designation (protected title).
3.3	Uses evidence-informed communication skills to build trusting, compassionate, and therapeutic relationships with clients.



## Course: NURS 494 Leadership & Management in Nursing

### Professional

2.1	Demonstrates accountability, accepts responsibility, and seeks assistance as necessary for decisions and actions within the legislated scope of practice.
2.5	Identifies the influence of personal values, beliefs, and positional power on clients and the health care team and acts to reduce bias and influences.
2.7	Identifies and addresses ethical (moral) issues using ethical reasoning, seeking support when necessary.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"><li>a) assessing own practice and individual competence to identify learning needs.</li><li>b) developing a learning plan using a variety of sources.</li><li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li><li>d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li></ul>
2.13	Recognizes, acts on, and reports, harmful incidences, near misses, and no harm incidences.

### Communicator

3.4	Uses conflict resolution strategies to promote healthy relationships and optimal client outcomes.
-----	---

### Collaborator

4.1	Demonstrates collaborative professional relationships.
4.3	Determines their own professional and interprofessional role within the team by considering the roles, responsibilities, and the scope of practice of others.
4.4	Applies knowledge about the scopes of practice of each regulated nursing designation to strengthen intraprofessional collaboration that enhances contributions to client health and well-being.
4.5	Contributes to health care team functioning by applying group communication theory, principles, and group process skills.

### Coordinator

5.4	Demonstrates knowledge of the delegation process.
-----	---

**Leader**

6.2	Integrates continuous quality improvement principles and activities into nursing practice.
6.3	Participates in innovative client-centred care models.
6.4	Participates in creating and maintaining a healthy, respectful, and psychologically safe workplace.
6.5	Recognizes the impact of organizational culture and acts to enhance the quality of a professional and safe practice environment.
6.6	Demonstrates self-awareness through reflective practice and solicitation of feedback.
6.7	Takes action to support culturally safe practice environments.
6.8	Uses and allocates resources wisely.
6.9	Provides constructive feedback to promote professional growth of other members of the health care team.
6.10	Demonstrates knowledge of the health care system and its impact on client care and professional practice.
6.11	Adapts practice to meet client care needs within a continually changing health care system.

**Advocate**

7.1	Recognizes and takes action in situations where client safety is actually or potentially compromised.
7.5	Supports environmentally responsible practice.

**Scholar**

9.1	Uses best evidence to make informed decisions.
9.2	Translates knowledge from relevant sources into professional practice.

## Course: NURS 201 Community Mental Health I

### Clinician

1.3	Uses principles of trauma-informed care which places priority on trauma survivors' safety, choice, and control.
1.17	Incorporates knowledge of epidemiological principles into plans of care.
1.18	Provides recovery-oriented nursing care in partnership with clients who experience a mental health condition and/or addiction.
1.19	Incorporates mental health promotion when providing nursing care.
1.23	Uses knowledge of the impact of evidence-informed registered nursing practice on client health outcomes.
1.25	Uses strategies to promote wellness, to prevent illness, and to minimize disease and injury in clients, self, and others.
1.26	Adapts practice in response to the spiritual beliefs and cultural practices of clients.

### Professional

2.4	Maintains client privacy, confidentiality, and security by complying with legislation, practice standards, ethics, and organizational policies.
2.6	Establishes and maintains professional boundaries with clients and the health care team.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"><li>a) assessing own practice and individual competence to identify learning needs.</li><li>b) developing a learning plan using a variety of sources.</li><li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li><li>d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li></ul>
2.14	Recognizes, acts on, and reports actual and potential workplace and occupational safety risks.

### Communicator

3.2	Engages in active listening to understand and respond to the client's experience, preferences, and health goals.
-----	--

## Collaborator

- |     |  |
|-----|--|
| 4.1 | Demonstrates collaborative professional relationships. |
|-----|--|

## Leader

- |      |  |
|------|--|
| 6.4  | Participates in creating and maintaining a healthy, respectful, and psychologically safe workplace.                              |
| 6.5  | Recognizes the impact of organizational culture and acts to enhance the quality of a professional and safe practice environment. |
| 6.7  | Takes action to support culturally safe practice environments.   |
| 6.10 | Demonstrates knowledge of the health care system and its impact on client care and professional practice.                        |

## Advocate

- |      |  |
|------|--|
| 7.1  | Recognizes and takes action in situations where client safety is actually or potentially compromised.  |
| 7.4  | Advocates for health equity for all, particularly for vulnerable and/or diverse clients and populations.   |
| 7.6  | Advocates for safe, competent, compassionate and ethical care for clients.   |
| 7.7  | Supports and empowers clients in making informed decisions about their health care, and respects their decisions.  |
| 7.9  | Assesses that clients have an understanding and ability to be an active participant in their own care, and facilitates appropriate strategies for clients who are unable to be fully involved. |
| 7.10 | Advocates for client's rights and ensures informed consent, guided by legislation, practice standards, and ethics.   |
| 7.11 | Uses knowledge of population health, determinants of health, primary health care, and health promotion to achieve health equity.   |
| 7.12 | Assesses client's understanding of informed consent, and implements actions when client is unable to provide informed consent.   |
| 7.13 | Demonstrates knowledge of a substitute decision maker's role in providing informed consent and decision-making for client care.  |
| 7.14 | Uses knowledge of health disparities and inequities to optimize health outcomes for all clients.   |

## Scholar

- |     |  |
|-----|--|
| 9.1 | Uses best evidence to make informed decisions. |
|-----|--|

---

9.3

Engages in self-reflection to interact from a place of cultural humility and create culturally safe environments where clients perceive respect for their unique health care practices, preferences, and decisions.

---

**Clinician**

1.3	Uses principles of trauma-informed care which places priority on trauma survivors' safety, choice, and control.
1.5	Develops plans of care using critical inquiry to support professional judgment and reasoned decision-making.
1.7	Anticipates actual and potential health risks and possible unintended outcomes.
1.16	Incorporates principles of harm reduction with respect to substance use and misuse into plans of care.
1.18	Provides recovery-oriented nursing care in partnership with clients who experience a mental health condition and/or addiction.
1.19	Incorporates mental health promotion when providing nursing care.
1.20	Incorporates suicide prevention approaches when providing nursing care.
1.23	Uses knowledge of the impact of evidence-informed registered nursing practice on client health outcomes.
1.24	Uses effective strategies to prevent, de-escalate, and manage disruptive, aggressive, or violent behaviour.
1.25	Uses strategies to promote wellness, to prevent illness, and to minimize disease and injury in clients, self, and others.
1.26	Adapts practice in response to the spiritual beliefs and cultural practices of clients.

**Professional**

2.6	Establishes and maintains professional boundaries with clients and the health care team.
2.9	Adheres to the self-regulatory requirements of jurisdictional legislation to protect the public by: <ul style="list-style-type: none"><li>a) assessing own practice and individual competence to identify learning needs.</li><li>b) developing a learning plan using a variety of sources.</li><li>c) seeking and using new knowledge that may enhance, support, or influence competence in practice.</li><li>d) implementing and evaluating the effectiveness of the learning plan and developing future learning plans to maintain and enhance competence as a registered nurse.</li></ul>

## Advocate

7.1	Recognizes and takes action in situations where client safety is actually or potentially compromised.
7.4	Advocates for health equity for all, particularly for vulnerable and/or diverse clients and populations.
7.6	Advocates for safe, competent, compassionate and ethical care for clients.
7.11	Uses knowledge of population health, determinants of health, primary health care, and health promotion to achieve health equity.
7.14	Uses knowledge of health disparities and inequities to optimize health outcomes for all clients.

## Scholar

9.1	Uses best evidence to make informed decisions.
9.2	Translates knowledge from relevant sources into professional practice.