

# Nurse Practitioner Case Example



QUALITY  
ASSURANCE

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Collection of Personal Information: Please review the Privacy Policy on the College of Nurses of Ontario's (CNO) website ([www.cno.org/privacy](http://www.cno.org/privacy)) to understand how your personal information will be used.

The following activity is based on the standards of practice found in the [Nurse Practitioner](#) practice standard (pages 4-6).

## Instructions

Select one specific client case from your clinical practice. All sections should be based on the same client case. Do not include any client or colleague identifiers. Please refer to the [cno.org/qa](http://cno.org/qa) for detailed instructions.

Please complete all fields. If something is not applicable to your case example, please indicate "not applicable", do not leave it blank.

### Section 1: Client Case Overview

Provide an overview of your client, and reason for the NP-client interaction. Include any relevant past medical history and medication.

### Section 2: Health Assessment

*NPs integrate an evidence-informed knowledge base with advanced assessment skills to obtain the information necessary for identifying client diagnoses, strengths, and needs.*

Based on the client presentation, describe the health assessment you completed.

What are some specific questions you asked the client, and why?

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## Section 3: Diagnosis

*NPs are engaged in the diagnostic process and develop differential diagnoses through identification, analysis, and interpretation of findings from a variety of sources.*

Discuss the investigations you ordered/performed, along with your findings.

Why did you choose these specific investigations?

What features of the client's presentation led you to your top two (or three) differential diagnoses?

Were there other tests that you thought of but decided against? Why?

## Section 4: Therapeutic Management

*NPs, on the basis of assessment and diagnosis, formulate the most appropriate plan of care for the client and implement evidence-informed therapeutic interventions in partnership with the client to optimize health.*

Describe the care plan you developed in partnership with the client.

What features led you to choose the treatment that you did?

What were the client's expectations for treatment?

What sources of evidence informed your treatment plan?

What did you decide was appropriate for follow up?

## Section 5: Collaboration, Consultation and Referral

*NPs identify when collaboration, consultation and referral are necessary for safe, competent and comprehensive client care.*

How did you decide whether or not to collaborate, consult or refer to a member of the health care team?

What was the outcome of the collaboration/consultation/referral (if applicable)?

## Final thoughts

Looking back on this client case, is there anything that you would have done differently?

Is there anything that you would like to add that hasn't been covered about this case example?

I confirm I have completed my NP Case Example